

Jillian Skinner MP

MEMBER FOR NORTH SHORE
Deputy NSW Opposition Leader
Shadow Minister for Health



Congratulations on joining and becoming involved with the Balmoral Triathlon Club (BTC).

It is my great honour to be the Patron of this fantastic sporting club based in my electorate of North Shore. As the Shadow Minister for Health I understand the importance of pursuing an active lifestyle to help prevent sickness and injury.

People of all ages are encouraged to engage in an active lifestyle whether walking or taking part in a sporting club like BTC. They have regular group training, sprint triathlons, aquathlons and a great spirit of camaraderie. The club caters primarily for adults from late teenagers to members in their 70's. You don't need to be experts at swimming, running and biking. Just willing to have a go in the true Aussie spirit.

I encourage you to be involved in the club and enjoy the delights of the lower North Shore, and Sydney Harbour, whilst keeping fit and healthy.

Yours sincerely

Jillian Skinner MP

